

# Safety & Environmental Training 2010 Course Catalog



**360training.com**



## COURSE CATALOG

**What we offer:** Online Safety Training Courses for Construction, Healthcare, General and Manufacturing Industry for OSHA Compliance and Risk Management.

**OSHA acceptance:** The OSHA Outreach courses have been reviewed and accepted by OSHA for online distribution.

### OSHA Outreach Training

#### OSHA – 10 Hour Construction Industry Outreach Training

This course is designed for construction workers, foremen, job supervisors, and anyone involved in the construction industry. OSHA recommends Outreach Training Program courses as an orientation to occupational safety and health for workers covered by OSHA 29 CFR 1926. Workers must receive additional training, when required by OSHA standards, upon completion of the course. Upon successful completion of the course, participants will receive an OSHA 10-Hour construction Industry Outreach DOL course completion card within 4-6 weeks.

#### OSHA – 30 Hour Construction Industry Outreach Training

The OSHA 30 Hour Construction Industry Outreach Training course is comprehensive safety program designed for anyone involved in the construction industry. Specifically devised for safety directors, foremen, and field supervisors, the program provides complete information on OSHA compliance issues. OSHA recommends Outreach Training Programs as an orientation to occupational safety and health for workers covered by OSHA 29 CFR 1926. Construction workers must receive additional training, when on the job.

#### OSHA – 10 Hour General Industry Outreach Training

This course is intended to provide a variety of training on general industry safety and health to entry level workers. Students will be introduced to OSHA policies, procedures and standards as well as general industry safety and health principles covered in OSHA Act Part 1910. Special emphasis will be placed on areas most hazardous using OSHA standards as a guide. Upon successful completion of the course, participants will receive an OSHA 10-Hour General Industry Outreach DOL course completion card within 4-6 weeks

#### OSHA – 30 Hour General Industry Outreach Training

This course is a comprehensive safety program designed for anyone involved in general industry. Specifically devised for safety directors and field supervisors, the program provides complete information on OSHA compliance issues. OSHA recommends Outreach Training Programs as an orientation to occupational safety and health for workers covered by OSHA 29 CFR 1910. General industry workers must receive additional training, on the specific hazards of the job.

### Supervisor Training

#### Fall Arrest Systems

This 24 Hour course is ideal for Superintendents, Foremen, Safety Coordinators and Directors and Competent persons in the construction industry. Our Fall Arrest Systems course sets forth those requirements and criteria for fall protection in construction workplaces covered under 29 CFR part 1926. It is important to note that the provisions of this subpart do not apply to employees making an inspection, investigation, or assessment of workplace conditions prior to the actual start of construction work or after all construction work has been completed. This course was created in partnership with the Rocky Mountain Education Center (OSHA Training Institute Education Center Region VIII).

#### Electrical Standards

This 24 Hour course is intended to provide a basic overview of the theory and application of electricity and equations such as Ohm's Law and the Power equation. During this course you will learn the basics of electricity including a detailed discussion of voltage, current, and resistance. You will then learn how each of these elements forms mathematical relationships with one another through the application of these quantities using mathematical equations fundamental to the study of electricity. This course was created in partnership with the Rocky Mountain Education Center (OSHA Training Institute Education Center Region VIII).





## OSHA – Hazardous Waste Training

### Hazwoper 8 Hour Annual Refresher

This course meets the requirements in OSHA 29 CFR 1910.120 for eight hours of annual refresher training for workers at hazardous waste sites.

### Hazwoper 24 Hour Course

The Hazwoper 24 Hour course is required for workers on site only occasionally for a specific limited task.

### Hazwoper 40 Hour Course

Hazwoper 40 Hour is required for employees working on a project consisting of Uncontrolled Hazardous Waste Operation mandated by the Government.

## Flash-based Courses

General Industry and Construction titles are Flash-enabled

### OSHA General Industry

- Bloodborne Pathogens
- Confined Spaces & Permit Required Confined Spaces
- Driver Safety Course for Cars, Vans & Small Trucks
- Driver Safety Course for Large Trucks and Buses
- Electrical Safety
- Emergency Action Plan
- Ergonomics for Non-Office Workers
- Stand Up Forklift
- Formaldehyde Awareness
- Hazard Communication
- Hazardous Materials
- Hazardous Substances and Industrial Hygiene
- Hazards of Asbestos in the Workplace
- Hazwoper
- Introduction to OSHA and the OSH Act
- Ionizing & Non-Ionizing Radiation Safety
- Lead Safety in the Workplace
- Lockout/Tagout
- Machine Guarding Safety
- Materials Handling and Storage
- Motor Vehicles
- Occupational Noise Exposure
- Personal Protective Equipment
- Process Safety Management of Highly Hazardous Materials
- Recordkeeping & Reporting
- Respiratory Protection
- Safety & Health Programs
- Sit Down Forklift
- Walking & Working Surfaces
- Welding, Cutting & Brazing
- Workplace Violence
- Use of Explosives in the Workplace

### OSHA Construction

- Basic Safety Orientation
- Concrete & Masonry Construction
- Confined Space Entry
- Cranes & Rigging
- Electrical Safety
- Excavation Safety
- Fall Protection
- Fire Safety
- Stand Up Forklift
- Hand and Power Tools
- Hazard Communication
- Hazardous Materials
- Introduction to OSHA and the OSH Act
- Lead Safety in the Workplace
- Materials Handling
- Motor Vehicles
- Occupational Noise Exposure
- Personal Protective & Lifesaving Equipment
- Process Safety Management of Highly
- Recordkeeping & Reporting
- Respiratory Protection
- Scaffolding Safety
- Sit Down Forklift
- Stairway & Ladder Safety
- Struck-By & Caught In Between Hazards
- Use of Explosives in the Workplace
- Welding & Cutting
- Workplace Violence





## Flash-based Courses Continued

### Green Building

- Residential Green Building: Design, Construction, Certification
- Commercial Green Building: Guidelines, Process, Best Practices
- Green Building for Infrastructure
- Green Building for Commercial Applications

### Environmental

- California 8-Hour Overview
- IATA Refresher Part 1 - CFR 49
- RCRA in Day to Day Operations
- The Clean Air Act
- RCRA: What the Law Requires
- RCRA 8-Hour Overview
- Stormwater Discharges and Permits
- Hazardous Waste Principles & Identification
- Clean Water Act & Day to Day Operations
- EPCRA
- Health Effects of Asbestos
- Legal Liabilities of Asbestos Inspectors
- Spill Prevention and Release Reporting
- The Clean Water Act
- Spill Prevention, Control, and Countermeasure

### Canada Safety Training

- Accident Investigation
- Electrical Safety
- Emergency Action Plan
- Ergonomics for Non-Office Workers
- Fire Safety
- Hazard Communication
- Hand & Power Tools
- Machine Guard Safety
- Personal Protective Equipment
- Stairway & Ladder Safety
- Transportation of Dangerous Goods
- WHMIS
- Workplace Violence

### Construction Project Management Training (Developed with AGC)

- Equipment Utilization for Project Managers
- Conducting Effective Meetings
- Preplanning
- Short Interval Planning (SIP)
- Written Communications
- Underlying Studies for Heavy/Civil Construction
- Underlying Studies Building Construction

### Electrical Training

- NFPA 70E
- NEC 2008 Code Update
- NEC 2008 Grounding and Bonding
- NEC 2008 Wiring and Protection
- Electrical Fundamentals

### DOT Courses

- What DOT Supervisors Need to Know About Reasonable Suspicion Testing
- What DOT Employees Need to Know about Reasonable Suspicion Testing\*

\*coming soon



360training.com, Inc. has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean, VA 22102





## Video-enabled Courses

Each course has full motion video with a post-test assessment.

### **Manufacturing And General Industry**

- Hazardous Energy Source - Lockout/Tagout Affected and Authorized Persons - Machine Operators/Non-Operators
- Orientation 2000 (Long Version)
- Hazard Communication - The New Millennium (Short Version)
- MSDS for Hazardous Communications
- Orientation 2000 Short Version)
- Employee Safety Orientation
- Workplace Safety Inspection Checklist

### **Personal Protective Equipment**

- Bloodborne Pathogens
- Personal Protective Equipment
- Bloodborne Pathogens for Non-Healthcare Workers
- Controlling Exposure to Bloodborne Pathogens
- Bloodborne Pathogens & Needle Stick for Healthcare Workers
- Bloodborne Pathogens
- Hand Injuries - The Gory Story
- New Bloodborne Pathogens - The Complete Program
- Respirators and How to Use Them

### **Back Injury Prevention/Safe Lifting**

- System Lifting 2000 - Back Injury Prevention (Short Version)
- Back Injury Prevention
- System Lifting 2000 - Back Injury Prevention (Long Version)
- Back Injury Responsibility

### **Chemical And Hazardous Materials**

- Fire Extinguisher 2000 (Short Version)
- Fire Prevention Responsibility
- Chemical Safety
- Bonding and Grounding of Flammable Liquids Transfers
- Hazardous Spill Cleanup
- Hydrogen Sulfide Training
- Flammables and Combustibles
- Hazwoper - Orientation
- DOT Shipping of Hazardous Materials

### **Forklift Safety/material Handling**

- Forklift Operator Training
- Aerial Lift Safety
- Forklift Instructor Training
- Electric Pallet jack
- Safety of People and Equipment in Warehouse Operations
- Propane Safety
- Forklift "The New Rules"
- Forking Around
- Forklift Update for Experienced Operators

### **Specific Hazards, Machinery**

- Safe Operation of Overhead Cranes and Hoists
- NFPA 70E Electrical Safety - Arc Flash Safety for Employees
- Chains, Cranes, Hoist, and Slings
- Confined Space Entry
- High Voltage Electrical safety
- Hand and Power Tool Safety
- Portable Grinders and Abrasive Wheels
- Machine Guarding and Conveyor Safety
- Confined Space : The Silent Killers
- Machine Guarding Responsibility

### **Human Resources**

- Sexual Harassment in the Workplace
- Sexual Harassment - What Employees Need to Know
- Chemical Dependency
- (HIPAA) Health Insurance Portability and Accountability Act

### **Public Agency/Public Works/Environment**

- Landscape Maintenance
- Chainsaw Safety
- Tree Trimming Safety
- Commercial Mower Safety

### **Accommodations - Hospitality: Hotels And Motels**

- Human Behavior - Reducing Unsafe Acts
- Laundry Room Safety Basics
- Lockout/Tagout
- Fire Extinguishers Training
- Back Injury Prevention

### **Home Health Care**

- Universal Precautions - Infection Control Procedures
- Back Safety for Health Care Providers
- Safety Orientation - Nursing
- How to Prevent Slips and Falls

### **Facility Support Janitorial Services**

- Hazard Communications (Janitors/Custodians)
- Safety Orientation and Accident Prevention
- Bacteria and Disease Control
- Taking Care of Your Equipment and Supplies
- Electrical Safety (Janitors/Custodians)
- Floor Cleaning Tips





## Video-enabled Courses

Each course has full motion video with a post-test assessment.

### **Construction Equipment Safety**

- Backhoe/Loader Operations
- Scaffolding Safety for Employees
- Ladder Safety
- Hand and Power Tool Safety
- Forklift Operator Safety
- Dump Truck Safety
- Portable Grinders and Abrasive Wheels

### **Construction General Safety**

- General Safe Work Practices
- Preventing Injury Incidents
- Lifting Safely in Construction
- Basic Electrical Safety in the Workplace
- Slips and Falls in Construction
- Fire Extinguisher 2000
- Accidents - "It Can't Happen to Me"
- Safety is Your Responsibility

### **Construction Hazardous Materials**

- Hazardous Communications "Your Right to Know" (Construction)
- Health and Safety Factors in Welding Operations
- Testing and Monitoring for Hazardous Gases
- Hazardous Material Spill - Clean Up

### **Construction Special Hazards**

- Trenching - Shoring
- Confined Space Entry
- Flagger Safety
- Safe Operations of Motor Vehicles
- Supervisor Safety Responsibilities
- Bloodborne Pathogens (Construction)

### **Construction PPE**

- Employee Fall Protection
- Heat Stress Awareness and Prevention
- Personal Protective Equipment
- Hearing Conservation
- Respirators and How to Use Them



## VU.360 LMS

The VU.360 LMS platform manages the delivery, tracking and measurement of your compliance, licensing and certification training requirements. Designed to work in tandem with 360training.com's extensive compliance and licensing e-learning library, VU.360 can also be extended to host your proprietary learning content and assessments.

As a fully web-hosted solution the VU.360 LMS requires no set-up or implementation and is provisioned for your use immediately upon

### VU.360 LMS features:

- On-demand and immediate access
- Fully web-hosted and secure
- Learner and manager modes
- Hierarchy and roles-based user management
- Bulk or group-based registration
- Batch user imports
- Self-guided or assigned enrollments
- Training plan management
- Survey creation, distribution and measurement
- Custom reporting wizard and favorites

### VU.360 LMS benefits:

- Rapidly meet compliance mandates
- Document regulatory compliance
- Minimize training delivery costs
- Improve workforce productivity
- Centralize tracking and reporting
- Standardize procedures and processes
- Measure and monitor competencies

### VU.360 LMS is optimized for:

- Continuing education programs
- Pre-licensing education
- Licensing exam preparation
- Corporate ethics and compliance
- Certification and skills training
- Stand alone testing and assessments



## VU.360 LCMS

The VU.360 Learning Content Management System (LCMS) is a desktop application tool designed for authoring, editing, managing, and publishing e-learning content. The LCMS enables instructional designers and course authors to rapidly develop and prepare content for delivery to any market-place or audience. LCMS manages version control and publishes SCORM compliant courseware in a variety of formats including static HTML, multimedia and audio casts.

The primary media assets that can be stored and managed in the LCMS include JPEGs, GIFs, MP3s, Flash files (source and compiled), raw text and MPEG movies. All targeted delivery formats are published in a run-time engine that allows learners to "play" the content using an included Interactive Courseware Player (ICP).

### VU.360 LCMS Features:

- Template-driven course authoring
- Delivery of web-enabled media assets
- Private label player branding
- Robust assessment engine
- Regulatory compliance rules management
- Flash-based interactivities
- Team authoring and collaboration

### VU.360 LCMS Benefits:

- Use default templates to rapidly author courses
- No programming skills required
- Standardize authoring procedures and processes
- Improve work force productivity & collaboration

### VU.360 LCMS is Optimized for:

- Instructional designers
- Subject matter experts
- Collaborative authoring teams
- Proprietary school owners

